

## JUEVES 9 DE SEPTIEMBRE 2010

|    |       |           |             |       |         |          |
|----|-------|-----------|-------------|-------|---------|----------|
| 1  | 8:00  | 300 MTS   | CRONO       | FINAL | VARONIL | MAYOR    |
| 2  | 8:40  | 300 MTS   | CRONO       | FINAL | FEMENIL | MAYOR    |
| 3  | 9:00  | 100 MTS   | CRONO       | FINAL | VARONIL | I. menor |
| 4  | 9:20  | 100 MTS   | CRONO       | FINAL | FEMENIL | I. menor |
| 5  | 9:40  | 50 MTS    | CRONO       | FINAL | VARONIL | MINI     |
| 6  | 10:00 | 50 MTS    | CRONO       | FINAL | FEMENIL | MINI     |
| 7  | 10:20 | 50 MTS    | CRONO       | FINAL | VARONIL | MICRO    |
| 8  | 10:40 | 50 MTS    | CRONO       | FINAL | FEMENIL | MICRO    |
| 9  | 11:00 | 15000 MTS | ELIMINACION | FINAL | VARONIL | MAYOR    |
| 10 | 11:30 | 15000 MTS | ELIMINACION | FINAL | FEMENIL | MAYOR    |
| 11 | 12:10 | 2500MTS   | ELIMINACION | FINAL | VARONIL | I. menor |
| 12 | 12:30 | 2500MTS   | ELIMINACION | FINAL | FEMENIL | I. menor |
| 13 | 12:50 | 1200 MTS  | ELIMINACION | FINAL | VARONIL | MINI     |
| 14 | 13:10 | 1200 MTS  | ELIMINACION | FINAL | FEMENIL | MINI     |
| 15 | 13:30 | 1000 MTS  | ELIMINACION | FINAL | VARONIL | MICRO    |
| 16 | 13:50 | 1000 MTS  | ELIMINACION | FINAL | FEMENIL | MICRO    |

### DESCANSO

|    |       |         |       |           |         |          |
|----|-------|---------|-------|-----------|---------|----------|
| 17 | 15:00 | 500 MTS | LINEA | CLASIF    | VARONIL | MAYOR    |
| 18 | 15:30 | 500 MTS | LINEA | CLASIF    | FEMENIL | MAYOR    |
| 19 | 15:50 | 200 MTS | LINEA | CLASIF    | VARONIL | I. Menor |
| 20 | 16:10 | 200 MTS | LINEA | CLASIF    | FEMENIL | I. Menor |
| 21 | 16:30 | 100 MTS | LINEA | CLASIF    | VARONIL | MINI     |
| 22 | 16:50 | 100 MTS | LINEA | CLASIF    | FEMENIL | MINI     |
| 23 | 17:10 | 100 MTS | LINEA | CLASIF    | VARONIL | MICRO    |
| 24 | 17:30 | 100 MTS | LINEA | CLASIF    | FEMENIL | MICRO    |
| 25 | 17:50 | 500 MTS | LINEA | SEMIFINAL | VARONIL | MAYOR    |
| 26 | 18:10 | 500 MTS | LINEA | SEMIFINAL | FEMENIL | MAYOR    |
| 27 | 18:30 | 200 MTS | LINEA | SEMIFINAL | VARONIL | I. Menor |
| 28 | 18:50 | 200 MTS | LINEA | SEMIFINAL | FEMENIL | I. Menor |
| 29 | 19:10 | 100 MTS | LINEA | SEMIFINAL | VARONIL | MINI     |
| 30 | 19:30 | 100 MTS | LINEA | SEMIFINAL | FEMENIL | MINI     |
| 31 | 19:50 | 100 MTS | LINEA | SEMIFINAL | VARONIL | MICRO    |
| 32 | 20:10 | 100 MTS | LINEA | SEMIFINAL | FEMENIL | MICRO    |

## VIERNES 10 DE SEPTIEMBRE DE 2010

|    |       |           |                |       |         |          |
|----|-------|-----------|----------------|-------|---------|----------|
| 33 | 8:00  | 10000 MTS | ELIM. Y PUNTOS | FINAL | VARONIL | MAYOR    |
| 34 | 8:30  | 10000 MTS | ELIM. Y PUNTOS | FINAL | FEMENIL | MAYOR    |
| 35 | 8:50  | 200 MTS   | LINEA          | FINAL | VARONIL | I. Menor |
| 36 | 9:10  | 200 MTS   | LINEA          | FINAL | FEMENIL | I. Menor |
| 37 | 9:30  | 100 MTS   | LINEA          | FINAL | VARONIL | MINI     |
| 38 | 9:50  | 100 MTS   | LINEA          | FINAL | FEMENIL | MINI     |
| 39 | 10:10 | 100 MTS   | LINEA          | FINAL | VARONIL | MICRO    |
| 40 | 10:30 | 100 MTS   | LINEA          | FINAL | FEMENIL | MICRO    |
| 41 | 10:50 | 500 MTS   | LINEA          | FINAL | VARONIL | MAYOR    |
| 42 | 11:10 | 500 MTS   | LINEA          | FINAL | FEMENIL | MAYOR    |

### INAUGURACION

### DESCANSO

|    |       |          |        |           |         |          |
|----|-------|----------|--------|-----------|---------|----------|
| 43 | 15:00 | 500 MTS  | SPRINT | SEMIFINAL | VARONIL | I. Menor |
| 44 | 15:20 | 500 MTS  | SPRINT | SEMIFINAL | FEMENIL | I. Menor |
| 45 | 15:40 | 300 MTS  | SPRINT | SEMIFINAL | VARONIL | MINI     |
| 46 | 16:00 | 300 MTS  | SPRINT | SEMIFINAL | FEMENIL | MINI     |
| 47 | 16:20 | 300 MTS  | SPRINT | SEMIFINAL | VARONIL | MICRO    |
| 48 | 16:40 | 300 MTS  | SPRINT | SEMIFINAL | FEMENIL | MICRO    |
| 49 | 17:00 | 1000 MTS | SPRINT | SEMIFINAL | VARONIL | MAYOR    |

|    |       |          |        |           |         |          |
|----|-------|----------|--------|-----------|---------|----------|
| 50 | 17:20 | 1000 MTS | SPRINT | SEMIFINAL | FEMENIL | MAYOR    |
| 51 | 17:40 | 500 MTS  | SPRINT | FINAL     | VARONIL | I. Menor |
| 52 | 17:55 | 500 MTS  | SPRINT | FINAL     | FEMENIL | I. Menor |
| 53 | 18:10 | 300 MTS  | SPRINT | FINAL     | VARONIL | MINI     |
| 54 | 18:25 | 300 MTS  | SPRINT | FINAL     | FEMENIL | MINI     |
| 55 | 18:40 | 300 MTS  | SPRINT | FINAL     | VARONIL | MICRO    |
| 56 | 18:55 | 300 MTS  | SPRINT | FINAL     | FEMENIL | MICRO    |
| 57 | 19:10 | 1000 MTS | SPRINT | FINAL     | VARONIL | MAYOR    |
| 58 | 19:25 | 1000 MTS | SPRINT | FINAL     | FEMENIL | MAYOR    |
| 59 | 19:40 | 5000 MTS | RELEVO | FINAL     | VARONIL | MAYOR    |
| 60 | 20:00 | 5000 MTS | RELEVO | FINAL     | FEMENIL | MAYOR    |

### SABADO 11 DE SEPTIEMBRE 2010 RUTA

|    |       |            |        |           |         |          |
|----|-------|------------|--------|-----------|---------|----------|
| 61 | 8:00  | 200MTS     | CRONO  | FINAL     | VARONIL | MAYOR    |
| 62 | 8:30  | 200MTS     | CRONO  | FINAL     | FEMENIL | MAYOR    |
| 63 | 8:50  | 200 MTS    | LINEA  | SEMIFINAL | VARONIL | I. MENOR |
| 64 | 9:10  | 200 MTS    | LINEA  | SEMIFINAL | FEMENIL | I. MENOR |
| 65 | 9:30  | 100 MTS    | LINEA  | SEMIFINAL | VARONIL | MINI     |
| 66 | 9:50  | 100 MTS    | LINEA  | SEMIFINAL | FEMENIL | MINI     |
| 67 | 10:10 | 100 MTS    | LINEA  | SEMIFINAL | VARONIL | MICRO    |
| 68 | 10:30 | 100 MTS    | LINEA  | SEMIFINAL | FEMENIL | MICRO    |
| 69 | 10:50 | 20,000 MTS | ELIM   | FINAL     | VARONIL | MAYOR    |
| 70 | 11:30 | 20,000 MTS | ELIM   | FINAL     | FEMENIL | MAYOR    |
| 71 | 12:10 | 3000MTS    | ELIM   | FINAL     | VARONIL | I. Menor |
| 72 | 12:30 | 3000MTS    | ELIM   | FINAL     | FEMENIL | I. Menor |
| 73 | 12:50 | 1500MTS    | ELIM   | FINAL     | VARONIL | MINI     |
| 74 | 13:10 | 1500MTS    | ELIM   | FINAL     | FEMENIL | MINI     |
| 75 | 13:30 | 1200MTS    | ELIM   | FINAL     | VARONIL | MICRO    |
| 76 | 13:50 | 1200MTS    | ELIM   | FINAL     | FEMENIL | MICRO    |
| 77 | 14:10 | 1000 MTS   | SPRINT | SEMIFINAL | VARONIL | MAYOR    |
| 78 | 14:30 | 1000 MTS   | SPRINT | SEMIFINAL | FEMENIL | MAYOR    |

### DESCANSO

|    |       |           |         |       |         |          |
|----|-------|-----------|---------|-------|---------|----------|
| 79 | 16:00 | 200 MTS   | LINEA   | FINAL | VARONIL | I. MENOR |
| 80 | 16:15 | 200 MTS   | LINEA   | FINAL | FEMENIL | I. MENOR |
| 81 | 16:30 | 100 MTS   | LINEA   | FINAL | VARONIL | MINI     |
| 82 | 16:45 | 100 MTS   | LINEA   | FINAL | FEMENIL | MINI     |
| 83 | 17:00 | 100 MTS   | LINEA   | FINAL | VARONIL | MICRO    |
| 84 | 17:15 | 100 MTS   | LINEA   | FINAL | FEMENIL | MICRO    |
| 85 | 17:30 | 1000 MTS  | SPRINT  | FINAL | VARONIL | MAYOR    |
| 86 | 17:45 | 1000 MTS  | SPRINT  | FINAL | FEMENIL | MAYOR    |
| 87 | 18:00 | 2,000 MTS | MARATON | FINAL | VARONIL | MICRO    |
| 88 | 18:20 | 2,000 MTS | MARATON | FINAL | FEMENIL | MICRO    |
| 89 | 18:40 | 4,000 MTS | MARATON | FINAL | VARONIL | MINI     |
| 90 | 19:00 | 4,000 MTS | MARATON | FINAL | FEMENIL | MINI     |
| 91 | 19:20 | 8,000 MTS | MARATON | FINAL | VARONIL | I. MENOR |
| 92 | 19:50 | 8,000 MTS | MARATON | FINAL | FEMENIL | I. MENOR |

### DOMINGO 12 DE SEPTIEMBRE 2010

|    |       |            |         |       |         |       |
|----|-------|------------|---------|-------|---------|-------|
| 93 | 8:00  | 42,000 MTS | MARATON | FINAL | VARONIL | MAYOR |
| 94 | 10:00 | 42,000 MTS | MARATON | FINAL | FEMENIL | MAYOR |

NOTA: EL PROGRAMA ESTA SUJETO A CAMBIOS SEGÚN NECESIDADES

